

Drug Free Treatment for Trigeminal Neuralgia

An Osteopathic Approach

Trigeminal Neuralgia is a debilitating condition that is commonly treated with very strong pharmaceutical drugs. While these commonly bring relief for sufferers there are side effects which leave many people searching for an alternative treatment approach. Osteopathy in the Cranial Field is an ideal alternative. Due to the gentle nature of this therapeutic modality it can be used in the early stages of an attack.

Osteopathy in the Cranial Field

Osteopathy in the Cranial Field recognizes that when healthy, the tissues of the head and body undergo small cyclical movements. When this movement is impeded the body doesn't function as efficiently. During treatment the patient only feels the practitioner holding different parts of the body. There is little movement perceived, and no massage or forceful movements are used.

Trigeminal Neuralgia is pain caused by dysfunction of the Trigeminal nerve. This may be due to pressure on it from the bones of the head and neck, the connective tissues in the head or the pulsing of an artery next to the nerve. When an Osteopath treats a patient suffering this condition the whole body is examined. The Osteopath will also examine the rest of the body. Other strains in the body, including those in the feet pelvis and lower back can lead to compensation in the joints and muscles in the neck which may cause irritation of the nerve.

A Typical Case

Brett had been experiencing bouts of Trigeminal Neuralgia for fifteen years. His bouts were occurring three to four times a year and he had also started to experience a dull aching pain between bouts. All three of his nerve pathways were affected and his neurologist had classified him as a severe sufferer, unable to sleep, brush his teeth or wash his hair during attacks.

At his first treatment Brett's symptoms were increasing and he knew an attack was likely within the next few months. Initial examination of him showed very poor function of the nervous system, restrictions in the pelvis, chest, upper neck and face. He was treated seven times over the next ten weeks, during which time his symptoms gradually lessened. In the third month after starting treatment Brett had been so well that he had been trying activities, such as sleeping on the affected side and going out sailing, which he hadn't tried in years.

Osteopathy in the Cranial Field is a treatment option available to all Trigeminal Neuralgia sufferers, whether their bouts are chronic, severe or occasional. Over time the severity, frequency and length of bouts are often decreased, with most patients who are treated in the lead up to a bout being able to stop it with just a few treatments.

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www.brisbaneosteopathic.com.au